



EURAXESS Newsletter #5 January 2023

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KEY FIGURE OF THE MONTH

More than **40%** of the researchers and PhD students welcomed by Euraxess Strasbourg in 2022 were **accompanied by their families.**



WHAT'S UP IN EURAXESS? 💬

THE CAMPUS FRANCE COLLOQUIUM at Aix-Marseille University

In May 2022, **Euraxess Université de Strasbourg had the pleasure to attend the colloquium organised by Campus France** on the welcoming of international students at Aix-Marseille University.

Some discussions focused on displaced students from Ukraine. Cnous - Les Crous, CNAM - Assurance maladie and Caf - Allocations familiales, partners of the international hosting in France, were also present.

JUNE 2022 EURAXESS NATIONAL DAYS

On 27th and 28th June 2022 took place the **Euraxess National Days in Brussels.** We gathered with all the Euraxess Centres of France to discuss the future orientations of the networks, as well as technical questions regarding research mobility. We also had the opportunity of meeting several agents from the European Commission and discuss research-related European Initiatives.



Photo credit: Euraxess Office

CAMPUS FRANCE WEBINAR ON THE RESEARCH STAY

On 6th September 2022 **Euraxess Strasbourg represented the Euraxess France network at the webinar organised by Campus France on the Research Stay.** This webinar featured the Ministry of Higher Education and Research, the Ministry of the Interior, the Ministry of Health and Prevention, and the Ministry of Europe and Foreign Affairs. We had the opportunity to meet their representatives, and ask our questions about the practical implementation of the Research Programming Act (*Loi de Programmation de la Recherche*).

ROUNDTABLE “SCIENTIFIQUES À L’ÉPREUVE DE L’EXIL” with Jardin des Sciences

Organised along with the **Jardin des Sciences** of the University of Strasbourg, the **Roundtable “Scientifiques à l’épreuve de l’exil”** took place on 21st November 2022 at the Palais Universitaire. **Researchers from the PAUSE Programme** were able to talk about their experience as scientists in exile and their daily life at the University of Strasbourg, accompanied by a host research supervisor.

This event took place in the framework of the “*Libertés scientifiques et exil*” Programme of the Jardin des Sciences, along with the “*Poser pour la liberté*” exhibition.

[Click here](#) for more information.



Photo credit: Euraxess Office

Everyday life practical information

THE RESEARCH STAY (*Séjour de recherche*)

French law has introduced a new framework to facilitate the welcoming of foreign PhD students and researchers in research and higher education institutions. The **Research Stay Agreement (“Convention de Séjour de Recherche” or CSR)**, signed between the host institution and the PhD student or researcher, provides a legal and secure framework for the stay, particularly in certain cases of **PhD students or researchers with fellowships**. This agreement sets out the terms and conditions of the stay and defines the rules on intellectual property.

What is the duration of the stay? **3 years for PhD students** (renewable twice for a year) and a **maximum of one year for post-docs**.

[Read all about the Research Stay here.](#)

Don't miss it : EURAXESS agenda

LAUNCHING OF THE INFO' SESSIONS

On 7th September we had the pleasure to launch our cycle of Info' Sessions. The objective of these sessions is to **provide useful practical information to all International Researchers and PhD Students of the Strasbourg, every first Wednesday of the month.**

These sessions are designed for newcomers, with a focus on what one should know in order to settle in Strasbourg. It covers subjects as **visas and residence permits, health insurance, social allowances, driver's license, French classes or daily life in Strasbourg.**

You could not attend a session yet? [Register for the next Info' Session by clicking here.](#)

How to apply for health insurance?

Can I learn French at the University?

Do I have to fill a tax return?

Is my driver's license valid in France?

Direction de la recherche et de la valorisation
Université de Strasbourg

Info' Sessions
EVERY FIRST WEDNESDAY OF THE MONTH

BY euraxess
RESEARCHERS IN MOTION
STRASBOURG

THE EURAXESS OUTINGS PROGRAMME

The Euraxess Centre often organises **cultural outings for International PhD students, researchers and their families**, allowing them to discover the wonders of the French and Alsatian culture and bond with fellow colleagues.



Photo credit: Euraxess Office

These last few months PhD students and researchers have had the opportunity to visit many **European institutions** such as the European Parliament or the Council of Europe, **sail on the river Ill in a Batorama** or **discover the history of painting in Europe** in the Fine Arts Museum. Moreover, with an amazing turnout of participants, the Euraxess Centre organised the first networking event of the year, introducing the French and Alsatian culture to participants through a **traditional apéro**, with activities and traditional snacks.

Keep an eye on our social media for more great cultural outings and events in the coming weeks, we hope to see you there!

[Click here to register for the next events.](#)



Photo credit: Euraxess Office



Photo credit: Euraxess Office

LAUNCHING OF OUR CAREER DEVELOPMENT PROGRAMME

The Euraxess Strasbourg Centre is pleased to present its **2022-2023 Career Development Programme**. It consists of **workshops and webinars** throughout the year for international PhD students, researchers and their spouses, to help you get the best out of your career.

For the first workshop of the year, "Making a career in the private sector", we gave you some perspectives on the possibility of a career in the private sector, with experts from APEC (Association pour l'Emploi des Cadres). This event was divided into two sessions held in French : "Découverte du monde de l'entreprise : quelles compétences puis-je valoriser ?" on 17th November, and "Réussir un entretien d'embauche dans le privé" on 2nd December.

[Find the detailed Programme here](#) and stay updated for upcoming career workshops!

The Euraxess' Tip

FETCHING YOUR RESIDENCE CARD

Good news! You received an sms, your Passeport Talent chercheur residence card is ready for you to go fetch. What to do next?

1) Buy the fiscal stamp [here](#).

Select "Acheter un timbre électronique" then "Titre pour étrangers", then fill the field for 225€ and pay.

2) Book an appointment at the préfecture [here](#).

New slots are open by the préfecture every Monday at 10.30am.

Researcher in the spotlight

Meet Dr. Liudmyla SOKURENKO

In Ukraine I was a **professor of histology, cytology, and embryology, Doctor of Medical Sciences at the Bogomolets National Medical University, Kiev.**

My scientific role in the department of 'Histology, Cytology and Embryology' was to establish anatomical and histological methods based on optical light- and electron-microscopy for histological investigation of organs containing nervous tissues: nerve trunks, spinal ganglions, spinal cord.

During my PhD research, I have used neuro-histological methods, particularly, toluidine blue staining for demithin sections and nerve impregnation, with optical light- and electron microscopy for studying nerve regenerations. During my Postdoctoral research, I have worked with cultures of neural cells, used lectin histochemistry for light microscopy, and electron microscopy methods for studying toxic influence of mercury on central and peripheral nervous system.

Because of my involving in neurohistology research I am a member of the FENS (Federation of European Neuroscience Societies) society, which sent me information about the PAUSE program after the Russian invasion in Ukraine. When armed actions began on the territory where my family was located and the question of my child's safety arose, we left for Strasbourg. This is where I met a great team at the **Multimodal Imaging Team (IMIS) at ICube.**



Photo credit: Euraxess Office

I integrated an on-going research project aiming at characterizing the microstructure of prenatal human brain by MRI and histology in order to delineate imaging markers for brain lesions in fetuses bearing genetic mutations. Additionally, we are collaborating on other on-going research projects in the IMIS team, ICube and at the *Institut d'histologie* involving histological characterization of tissues (e.g., lung organoids characterization – Dr. Julien Demiselle, PhD student; characterization of the motor innervation of lateral pterygoid muscle – Dr. Edouard EVRARD, CHU de Besançon; FRM project – FEMINAD to study mouse brain tissue un an Alzheimer mouse model, Dr. Chantal Mathis at LNCA and Dr. Laura Harsan at IMIS/ICube as well as on the PAINFACT EU project within IMIS team at ICube).

Bogomolets National Medical University is my alma mother. I got an education there, became a PhD and HDR, and eventually a professor. Of course, I continue to cooperate and help in ways available to me. For example, even in the face of constant rocket attacks, we continue to work on creating a textbook on histology for English-speaking students.

Since I did not know French and I wanted to be fully integrated at a social and scientific level, the university provided me with an opportunity to attend intensive French courses. Of course, in order to do my job and attend class, it takes a lot of time and efforts. There is very little time left to communicate with my daughter, but she supports me. I consider it very important for interacting with my colleagues and improving my performances at work. And yes, French is very beautiful!

I would also like to emphasize that I am very lucky to have received such support from the university leadership and got into a friendly and experienced team. I hope that we will continue to cooperate when difficult times are in the past.

Did you know?

THE HERITAGE DAYS


The (European) Heritage Days took place on 17th and 18th September. Every year it is an opportunity to celebrate the diversity and richness of Strasbourg's heritage.

These days, traditionnally held on the third weekend of September, are an annual national and international event that allows the public to discover many buildings and other places that are often only exceptionally open to the public, or museums where access is exceptionally free or at reduced prices.

Originally, **it is a French tradition!** Indeed, the first Heritage Days were launched on 23rd September 1984 by the French Ministry of Culture as «Open Day in Historic Monuments».

It is now an **action of the Council of Europe and the European Commission** which takes place in about fifty countries.



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